

Royal College of Dental Surgeons of Ontario

Self-Reflection Checklist

The checklist below is a resource to assist you in completing your self-reflection. This checklist will ensure that you fully complete each question and help you assess the quality of your reflection. This document is for your information only and does not need to be provided to the College.

Did you complete all the questions in the self-reflection exercise?	
Did you answer all the questions completely?	
Is your self-reflection at least 500 words?	
Did you summarize the ICRC's concerns and key issues?	
Did you review relevant learning resources (RCDSO Standards, Guidelines, and Practice Advisories; RCDSO Code of Ethics; dental journals, related research articles; ODA Resources, etc.) to assist you in drafting the self-reflection paper?	
Does your self-reflection show insight into how you could approach the concerns differently in the future?	
Did your answers outline appropriate steps to avoid similar issues/concerns in the future?	
Did your responses align with the applicable College Standards, Guidelines, Practice Advisories and/or Code of Ethics?	
Was there any additional information relevant to the concerns that you did not include in your answers to the questions?	
Have you completed the self-reflection paper within 60 days of the date of the ICRC decision?	